

Community Focus

FROM YOUR FRIENDS AT CHESTERFIELD
GENERAL HOSPITAL

Meet our
specialists

CGH provides
infant car seats

Get help
for urinary
incontinence

Splash! Is that
water safe for
swimming?



CHESTERFIELD GENERAL HOSPITAL

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Meeting your health needs

Dear neighbors,

Chesterfield General Hospital (CGH) is pleased to continue sharing health and wellness information with you on a quarterly basis through *Community Focus*. CGH is your community hospital. We're here to serve you, and we welcome any feedback that you have about our publications and services. It's our mission to provide you with useful and practical health information so you have the resources and knowledge to make good decisions concerning you and your family's wellness and healthcare.

PATIENT SATISFACTION

As your new chief executive officer, I assure you that CGH will continue our efforts toward improved patient satisfaction and making your experience here a good one.

We maintain our commitment to providing advanced medical and surgical care delivered by skilled physicians. Our experienced medical staff members provide the specialty care you need, close to home.

CGH has made many contributions to our community. We look forward to providing you and your family with advanced care, now and in the future.

Sincerely,

PAUL THERIOT
Chief Executive Officer
Chesterfield General Hospital



Paul Theriot
Chief Executive Officer

Ob/Gyn spotlight

Women's Health Specialists has a new name: Palmetto OB/GYN. Board-certified specialists David Bersinger, M.D., FACOG; Cindy Crittendon, D.O.; and Kenneth Thompson, D.O., have joined their practices to bring comprehensive obstetric and gynecologic services to women in our area with two convenient locations: 721 Chesterfield Hwy. in Cheraw and 1076 Marlboro Way in Bennettsville.

We welcome Drs. Crittendon and Thompson. Dr. Crittendon, with more than 13 years of experience, will continue to serve women in the Bennettsville area. Dr. Thompson, with more than 12 years of experience, specializes in laparoscopic surgeries and serves both Bennettsville and Cheraw patients. Together with Dr. Bersinger, the skilled physicians of Palmetto OB/GYN offer complete women's care.



David Bersinger, M.D., FACOG



Cindy Crittendon, D.O.



Kenneth Thompson, D.O.



Make an appointment!

To schedule an appointment with Drs. Bersinger, Crittendon or Thompson, call Palmetto OB/GYN at (843) 454-2294 in Bennettsville or (843) 921-1211 in Cheraw.





Car seat safety

CGH helps keep your child safe

Every year, children are injured or killed in traffic accidents because they're not properly restrained in a child safety seat. According to the National Highway Traffic Safety Administration (NHTSA), motor vehicle crashes are the leading cause of death for children ages 2 to 14. The NHTSA recommends that parents and caregivers simply need to follow these four guidelines for maximum child safety:

1. **Use rear-facing infant seats in the back seat** from birth to at least 1 year of age and at least 20 pounds.
2. **Use forward-facing toddler seats in the back seat** from about age 1 and 20 pounds to about age 4 and 40 pounds.
3. **Use booster seats in the back seat** from about age 4 and 40 pounds to at least age 8, unless the child is 4-foot-9-inches or taller.
4. **Use safety belts in the back seat** at age 8 or older or taller than 4-foot-9-inches.

CAR SEATS FOR EVERY INFANT

Because the health and safety of our community's children is important to us, Chesterfield General Hospital (CGH) gives every child born here an Evenflo child safety restraint system or car seat. "We recognized the need in our community to have children properly restrained in a child safety seat, and we wanted to show our appreciation to every mother for choosing to have her child here at CGH," says Claudia McCollum, Women's Health Center director.

CGH selected the Evenflo Tribute 5 child safety restraint system because it will protect an infant leaving our hospital and continue to keep that child safe as he or she grows. The system can be used in the backseat of a vehicle in either a forward- or backward-facing position for children weighing 5 to 40 pounds and 19 inches to 40 inches long. Every car seat comes with a user's manual that assists new parents with correct installation. Local law enforcement can also assist in ensuring that the seat is properly installed.

We care for women!

Women who choose to have their babies at the Women's Health Center at Chesterfield General Hospital not only receive a free car seat but also have the distinct advantage of being cared for by clinical staff with more than 135 years of combined nursing experience. Our team of compassionate nurses has anticipated and trained for any situation that may present itself, so you're in good hands with us.



Women's Health Center
at Chesterfield General Hospital

We deliver!

CGH Women's Health Center

The childbirth experience is filled with joy and anxiety, and personalized care, compassion and understanding are needed. If you're planning your child's birth, consider delivery at Chesterfield General Hospital's (CGH) Women's Health Center, where you'll receive attentive, comprehensive healthcare with a friendly and supportive staff. Our Women's Health Center focuses on making childbirth a positive experience in a family-centered environment.

Our spacious labor and delivery rooms are designed for the comfort and care of mother and child, while also providing room for family. You can labor, deliver and recover in the same room, which reduces stress and increases comfort. With more than 135 years of combined nursing experience, you're in good hands at CGH.



! Visit us today!

For more information about the advanced patient care we provide, stop by for a tour or call the Women's Health Center at (843) 537-7881.

Don't suffer in silence

Get help for urinary incontinence

Millions of women have sudden loss of urine (called stress urinary incontinence) when they laugh, sneeze or cough or during exercise. Kenneth Thompson, D.O., a board-certified obstetrician and gynecologist with Chesterfield General Hospital (CGH) and Palmetto OB/GYN, offers a simple outpatient treatment option for women who have this condition.

PROVEN RESULTS

The GYNECARE TVT tension-free support for incontinence procedure has helped more than 1 million women worldwide. A recent study shows that even seven years after treatment, 81 percent of women treated remained

dry, while an additional 16 percent experienced significant improvement.

"Although many women experience sudden urine loss, most aren't aware that it's a treatable condition," says Dr. Thompson, the only physician in the area performing this procedure. "They suffer in silence and put off activities they enjoy. GYNECARE TVT is a proven treatment that can help women live free from leakage."

GYNECARE TVT can restore the body's ability to control urine loss with a 30-minute, minimally invasive treatment using mesh tape and a sling, performed under local anesthesia in an outpatient setting. Patients may go home as soon as a few hours after the procedure and can expect a two- to three-week recovery period with little interference in daily activities. Patients should avoid heavy lifting and intercourse for four to six weeks.



! Feel better soon!

Obstetrician and gynecologist Kenneth Thompson, D.O., specializes in laparoscopic gynecological surgery. His office is located at 721 Chesterfield Hwy. To schedule your appointment with Dr. Thompson, call (843) 921-1211.



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Your Child

My Life's Work



Dr. Mariana Ciobanu is an expert in children's medicine. She has dedicated her life to caring for children and confirmed her commitment by becoming a fellow in the American Academy of Pediatrics. Children are special to Dr. Ciobanu, and she brings the highest level of care and compassion to those she sees. Calming a hurting child is not always an easy thing, but Dr. Ciobanu is here to comfort and treat your child when they need it most.

Chesterfield General assures that you are in the compassionate hands of professionals like Dr. Ciobanu so that when you need us, you receive the quality care you deserve.